

Mrs Williamson

## To make Orange Marmalade

Peel very thin one dozen of Seville Oranges.  
boil them till quite tender, then take their  
weight in Self Sugar, slice them very thin  
and take all the Pippins & Seeds out, add  
the juice of two Lemons, then let them simmer  
and not boil after they begin to change their  
paleness. —

Mrs Williamson

### Raisin Wine.

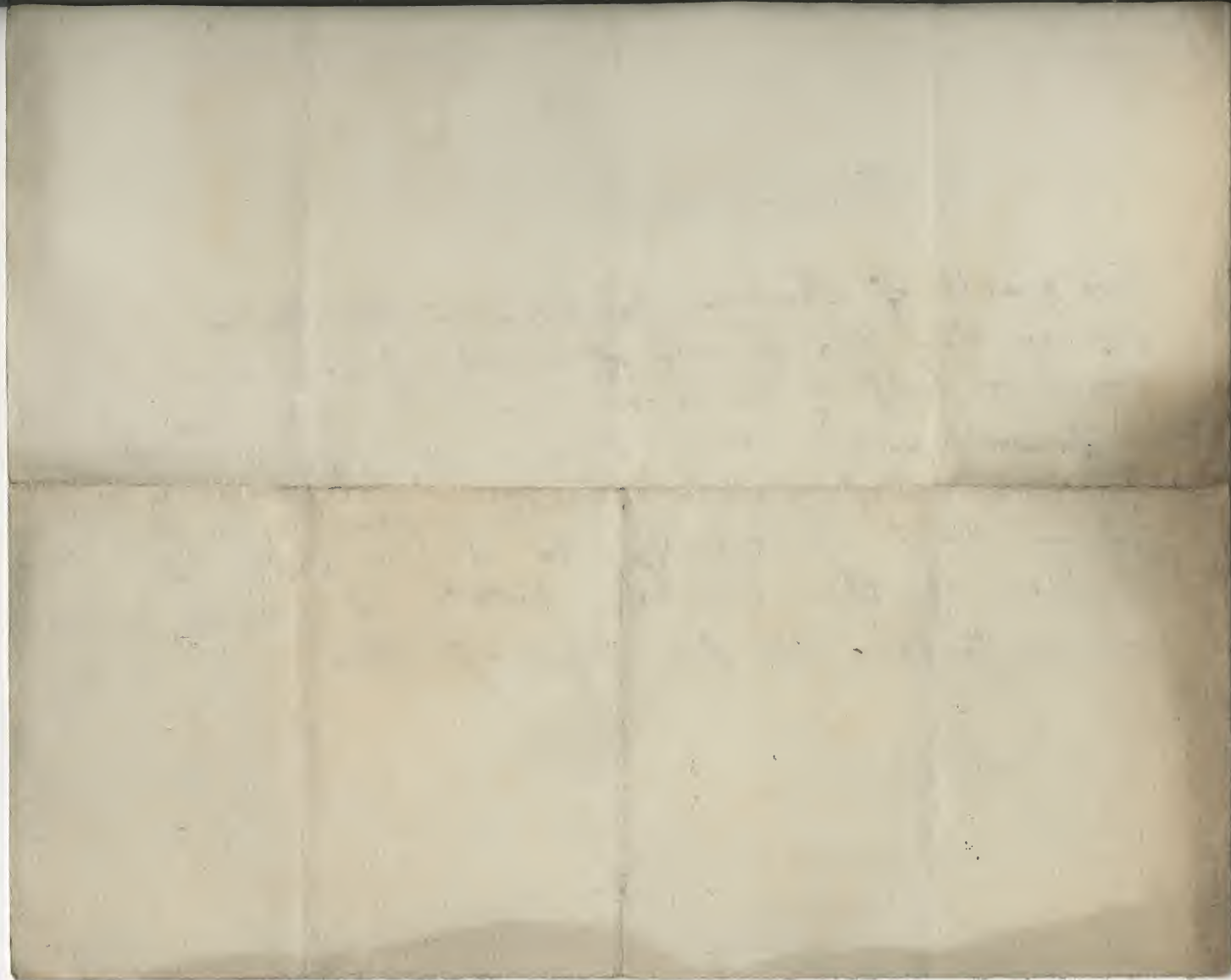
Boil the Water the night before so as to let it be quite cold, to every gallon of Water add eight pounds of Raisins, either Malta or Belvidere or Smyrna, take the stalks out and put the fruit into the Cask first, which must be sufficiently large to allow of the Wine being exceedingly well stirred with a strong stick twice a day for three weeks at least, and when it has done hissing close it up, let it stand 7 or 8 Months or as long as you like before it is bottled. Boil an ounce of Hops in about twenty gallons of Water. No occasion to let the Water boil more than four or five Minutes. The Cask must not be full with fruit and all, as in



storing it takes a great deal of room,  
and all the fruit will rise to the top,  
which keeps and mellows the Wine.  
No occasion to be very nice about picking  
the fruit only take out the large stalks.  
Add the Juice and Rind of six Seville  
Oranges if approved.

## Shrimp Catchup

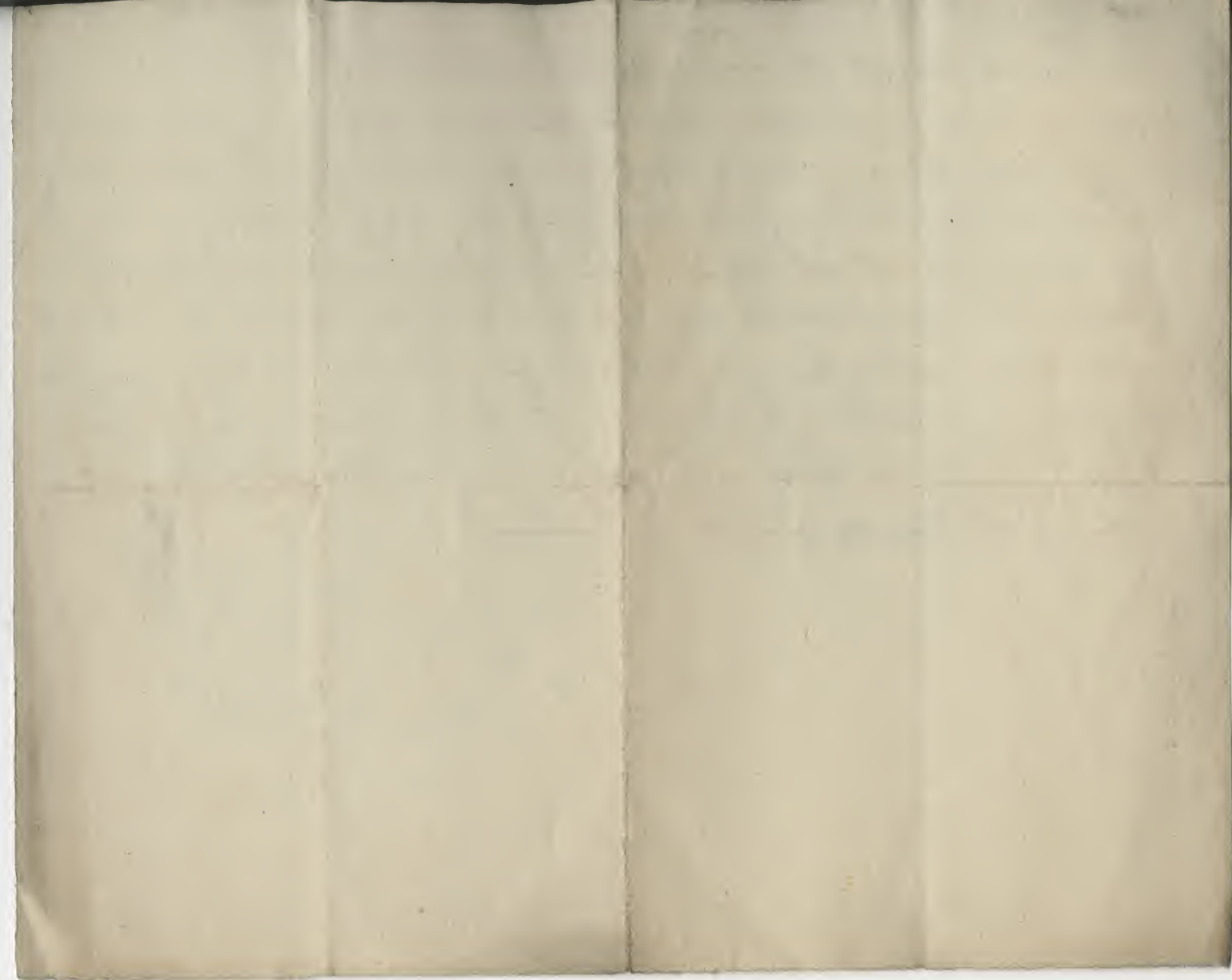
Two quarts of Shrimps, pounded in the Shells  
put on them two quarts of sweet Cyder, & one  
pound or half of Anchovies, boil it till near  
half is wasted, then strain it, add a quart  
of an ounce of mace, white pepper, & a few  
Cloves, boil it again to draw out the  
virtue of the Spices, bottle it with spice  
cork & leather it for fear of dis.





A Receipt for making Yeast. — From the York Papers.

Mix two Quarts of Soft water with Wheat flour to the Consistence of thick Gruel or Soft hasty Budding boil it gently for half an Hour and when almost cold stir into it half a Pound of Coarse Sugar, & four Spoonfuls of good Yeast. — Put it into a large Jug or Earthen Vessel, with a narrow Top, and place it before the Fire so that it may by a moderate heat ferment — The Fermentation will throw up a thin Liquor, which pour off, and throw away. The remainder keep for use in a cool place in a Bottle or Jug tied over. — The same Quantity as of common Yeast will suffice to Bake or Brew with. — Four Spoonfuls of this will make a great Quantity as before. —





## To Make Yeast

Boil Potatoes of the mealy sort till they are soft  
Skin them, & bruise them ~~then~~<sup>in</sup> a Cullender.  
put as much ~~water~~ as will make them the  
Consistency of common yeast, add to every pound  
of potatoes when boiled, 2 oz: of coarse sugar ~~or~~  
~~molasses~~, & while just warm, stir in two Spoonfulls  
of good yeast, keep it warm. till it has done  
fermenting, in 24 hours it is fit for use  
when it is used put rather more of this. then  
you would of the common beer yeast,  
& let the bread rise an hour before it is baked

When the Yeast Potato Yeast grows weak which  
it will do by keeping, add some more good  
Yeast to the remainder,

I have the honor to acknowledge the receipt of your letter of the 10th inst. and in reply to inform you that the same has been forwarded to the proper authorities for their consideration.

Pickle for one Ham

A pound of Salt, a pound of coarse Sugar, 3 ounce of  
Salt Petre, 2 ounce of Bay Salt, let all these be beat  
fine & boil'd in quart of old Ale, or strong Beer,  
(the older the better) the Ham must be very well  
rubed with this Pickle twice a day for a fortnight  
an Hour each time — then smoked





## To make Apple Jelly

Take a dozen of good hard apples;

Take a pint of water; cut the apples in very small bits, & throw them into the water; so you cut them, to preserve their colour; let

them boil untill the whole substance is out of them, and the water half wasted; then put it into a hair-seal; let them stand untill all the water is drained from them. So every morning of the liquor make a pound of fine sugar; cut the white of an egg or two, & put in amongst the sugar & liquor; put them on the fire; & keep them stirring untill the sugar is melted; when it boils a while, take off the scum, and put in the juice of a lemon or two, as you like it of sweetness. you may boil in a piece of the rind a long with them; let it boil untill it gellies, which you will know by putting a little of it on a glass to cool; take all the scum clean off, and take out the Lemon. So put it up.

## Chip and Jelly of Apples.

Prepare the Apples in the same way as in the foregoing receipt for the Jelly; have the apples cut them in slices, & then stewed, into long chips (as you do the chip marmalade) put



them amongst cold water. you may weigh  
two pounds of apples before you have them.  
So each choppe of juice allowe two pounds of  
fine sugar and halfe pound of a harty for the two pounds  
of chips; put on all the sugar and juice; clarify  
it with eggs as you do the jelly; when the syrup  
is well scummed squeeze in the juice of those  
lemons, put in if some of the sharpe of the  
lemons; drain the water from the chips; and  
put them into the syrup; they must boile on a  
quick fire; let them boile untill the chips are  
quite transparent. you must be sure that they  
are very firm apples; the fine Cannington  
answers very well, or the pippins. This is a very  
pretty preserve, either in glasses or fine jars.



warms bottle it and  
cork it close. It  
will be fit for use  
in twenty four  
hours. One pint  
of this yeast will  
make 18 lbs of  
bread

Domestic Yeast.

Boil one pound  
of good flour, a  
quarter of a pound  
of brown sugar,  
and a little salt  
in two gallons  
of water for one  
hour. When milk

Rhehmond Beer

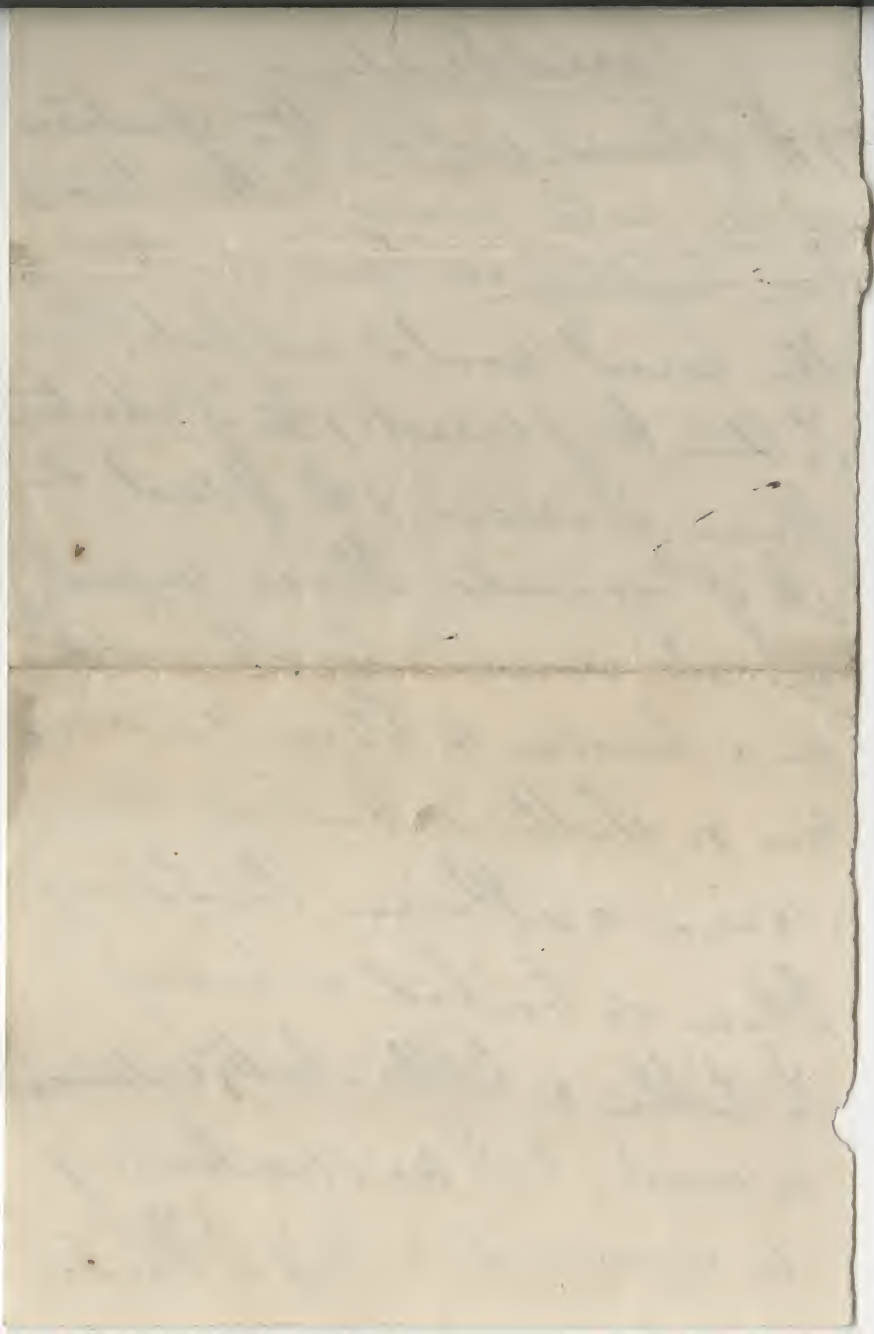
Take a large handful of Rhehmond,  
boil it 20 min: in 5 qts Water - strain it,  
& add the liquor 14½ lbs Moist Sugar.  
boil it 20 min: longer, & put in a pan  
a few cloves, & a dessert Spoonful Ginger.  
Pour the liquor upon them let it  
stand till milk sarsen, then  
add a wine glassful of fresh yeast.  
& when it has booted thoroughly, put  
it into a Stone bottle or cask.  
It is fit for immediate use, & is  
a fine tonic, but not as bracing;  
it has proved very useful in counteracting  
two cases, or where there is great  
debility both of appetite.



Handwritten text, likely a letter or document, written in cursive script on aged, yellowed paper. The text is heavily faded and illegible due to the quality of the scan and the age of the document. The handwriting is dense and fills most of the page.

## Carrot Pudding

1 lb of Carrot-grated, the apertures  
of the grater being better than  
one eight of an Inch, or otherwise  
the carrot would not pass thro:  
To this lb of carrot, lb of wheaten  
flour is added, lb of suet, &  
lb of Currants. These ingredients  
are all mixed together & put  
in a basin, & then enclosed  
in a cloth & boiled the  
same as Plum Pudding  
When so boiled & brought  
to table a little butter-sauce  
is used - but no sweetening  
is required - Wm L. Ward





To preserve Eggs in Lime Water.

They are best done in March or April. - Put 1 lb. of Lime into a Tub, & pour upon it 1 Gallon of boiling water, stir it two or three times a day for 2 days then put your Eggs into a large Pan & pour the Lime water upon them.



## Rice Balls -

Boil the rice and sweeten it with a little sugar, add some cinnamon or nutmeg and a very small bit of butter, then rub them over with Egg and dredge a little flour to make them firm. Fry them & serve quite hot -

## Biscuits for Tablets

$\frac{1}{2}$  lb of flour 2 oz. of white sugar 2 oz. of butter make it into a stiff paste with boiling milk. Roll it out so thin that you may see the board through. Bake them on tins on a slow oven and when done pat them before the fire for a quarter of an hour to crisp. but in shape like fine baking

## Scotch Eggs -

Boil the eggs very hard, have a good force meat ready roll it out about half an inch thick and pat it

round the eggs as regular as possible Fry them a light brown a rich gravy in the dish cut the eggs lengthways and place them the cut side upwards -

It is an improvement to put Beal or Chicken & Ham in the Force meat in short Mince preparation instead of Force meat

## Brandy Cream

Half a pint of rich cream, a Table spoonful of Lemon juice a small tea spoonful of Brandy with sugar to your taste. Whisk this till it thickens, not froths, & <sup>pour</sup> put it into a glass Dish

## Swiss Cream

Take the greatest kind of a large Lemon <sup>to</sup> the pounded loaf sugar <sup>in a pint</sup> of cream. Squeeze the juice of the Lemon upon a Table spoonful of flour work it together gradually add to it the boiling cream beat it all over the fire pour it into a basin & when nearly cold stirring it frequently till thin pour it into a glass Dish upon 6 or 8 Macarons.



Spanish Butter. M<sup>rs</sup> Polk

Dissolve one oz. of Isinglass in a little water, one pint of cream, six yolks of eggs a few bitter and scotch-almonds ground and sugar to your taste. Set altogether over the fire but do not let it boil. Strain it through a hair sieve, and when sufficiently cool put it into moulds.

Arrow Root Blanc Manger. M<sup>rs</sup> Polk  
Take a quart of new milk and boil 3 quills of it with 2 oz of sugar and a little Salt, rub into the remainder of the milk 5 oz. of Arrow Root, and pour it into the hot milk and stir it without ceasing until it has boiled 2 or 3 minutes. Flavor it with any thing you like as Almonds &c - It must remain in the mould a day before it is turned out.



Rabbit Soup  
Goose  
Wafce Pudding

Charneyes

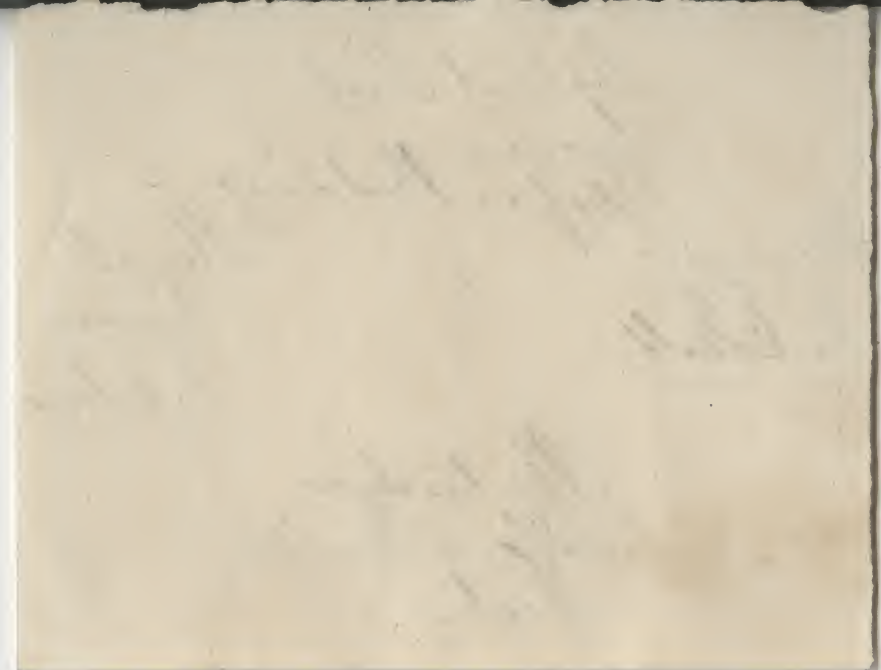
Pick Hold

Stewed

Pigeons

Ripoles

Pardidges  
Saddle of Mutton  
Fish



Agnes Multigatavny's  
veal Stock or bones of Mutton  
set on with 6 or 7 large Onions  
6 cloves some white pepper corns  
& salt with a bit of Rice when  
well stewed take out the bones  
& rub thro' a <sup>fine</sup> coarse sieve  
first, & then thro' a fine one  
to make it quite smooth. Then  
put a <sup>add a dessert spoonful of flour</sup> bit  
of a Walnut in a copper tin & an  
& dredge it well with flour & bake  
it well, then put your Stock to, by  
degrees, that it may not be lumpy  
then let it ~~be~~ <sup>be</sup> put a good cup  
full of cream & let it simmer  
about 20 minutes but not boil  
The Chicken must be cut up &  
boiled in the soup

This receipt is for about 2 Lbs. <sup>2</sup> lbs  
of Soup

To broil Fowls Agnes  
half roast them then cut them  
up the back but be careful not  
to injure the breast rub with pepper  
salt & a little Cayenne broil  
them ~~before~~ on a gridiron but not  
burn them should the breast not  
be quite enough done put it before  
the fire a few minutes then  
dish up with good gravy &  
mushrooms poured over them

must be served up in a separate dish

Mulligatawny Soup & Quinoa  
Cut up and blanch two chickens, wash  
them in cold water. skin them, & cut  
them in small pieces. Then take  
a pint of good beef or veal stock, put  
the legs (not the thighs) and necks  
of the chickens into it with a table  
spoonful of Curry powder & when  
it has boiled about half an hour  
add a quart more stock, - Then take  
a doz. Onions cut them in slices &  
fry them brown, in a  $\frac{1}{4}$  lb of fresh  
butter, put them into the stock and let  
them boil there half an hour longer  
Run the whole thro' a sieve take out  
the bones and make the soup of a  
proper thickness with flour and water  
Then put in the pieces of chicken & let  
them boil till tender. Season with salt  
& lemon juice & serve up hot in a Tureen  
To make the Chicken properly tender  
the boiling must be rather more if  
\*



## White picasse beal or Fove

Boil a little Water & Onion, cut the beal in thin ~~pieces~~ slices put it into the pan with butter & flour rolled up to the size of an egg; season it with salt and let it be heated thro' but in the yolk of an egg mixed with a little Cream, shake it over a slow fire till it thickens, but do not let it boil add a little <sup>sauce</sup> ~~lemon~~

## Fricassee Cod Sounds

Mix a little broth & Cream in a stew pan, thicken it with a little flour & butter, season with a very little onion butter & parsley shred small. - boil the Cod Sounds tender & skin them; dry them well upon a cloth then into the sauce & heat them together. A little lemon peel after they are taken

The same sauce is good to picasse Chickens & keep fish Mr. Merley when you wish to set fish to keep two or three days, put it into cold water & the moment it begins to boil take it out & keep it on a dish in a cool place

## Thermish Soup

Slice 6 Onions, cut three heads of Celery into small pieces, and grate about 12 potatoes; put about 2 Oy. of butter into a stew pan with a little stock, cut it over the stove to boil slow for half an hour then fill it up with good broth; let it boil quietly for half an hour or till the potatoes are dissolved, then rub it thro' a tannery & put a pint of Cream to it that has been boiled, put it into a soup pot to keep hot till wanted —

Low heel Soup. W. Cumby  
Cut all the lean meat from a  
Knuckle of Beef into thin slices  
and put it into a stew pan  
with five or six quarts of water,  
a dozen and a half of onions  
some of them stuck with a few  
cloves a large bunch of sweet  
herbs several Carrots a head  
of Celery a small piece of lean  
Ham. two Anchovies & some  
brained whole pepper - let all  
stew together for a whole day &  
night & the greatest part of the  
following day, when cold let all  
the fat be taken off & add as  
much Cow heel cut into square  
pieces as will make it the  
thickness of Lustre Soup -

Two Tablespoonfulls of pearl Sago  
boiled to a jelly in a little of the  
gravy, & added to the Soup gives  
it a thickness & softness, & add  
a add a tea cupful of Madeira  
or any good white wine, about  
half an hour before dinner. after  
the first gravy is poured off, add  
more Water to the meat & stew it  
another day & night & by adding  
it occasionally to the stronger  
Gravy; by proper management  
it will make Soup that will  
last for a Week

N B The Soup should stew  
very gently or the quantity will  
be too much reduced



Muffin pudding Mr. Ridgman  
To a pint & half of Milk, add a bit  
of lemon peel & Sugar to your taste  
boil them together for 10 minutes  
then put 4 Muffins into a pan  
strain the Milk over them & when  
cold mash them well with a  
wooden spoon add half a pint  
of Brandy &  $\frac{1}{2}$  lb of dried cherries  
a little Nutmeg & 4 Jordan Almonds  
blanched & pounded very fine & 6 Eggs  
well beaten mix all well together  
& boil it in a bain marie it

Pease Pudding Mr. Ridgman  
A pint of split Pease boiled till tender  
pulp them thro a sieve & beat them  
well three Eggs & 2 Tablespoons full  
of Cream a small piece of butter  
& a little salt: these ingredients must  
be well beaten together put into  
mould & boiled an hour

Intert  
A little flour 1 Egg Currants  
Sugar & a little yeast, mix it up with  
warm Milk & Water very light set  
it to rise before the fire & fry in deep

### Beal White

Cut the beal in thin slices  
put some fresh butter into  
a stew pan & when it is melted  
put in the beal with some parsley  
& an Onion (soft fine just scalded)  
it & turn it shake a little flour  
over it & some white Pepper & salt  
put a large Tea Spoonful of cream  
& let it all stew gently together  
for five minutes —



## Herico of Mutton

A small boned neck of Mutton quite tender take off the fat & cut it into thin strakes ~~thinner~~ than well & fry them brown drain them from the fat & add strong broth cut Turnips & Carrots round & take onions of the same size & fry them & then stew them with the Mutton & Sauce, let them stew half an hour turn them over once or twice & keep them covered

## For Typhus fever

Put one tablespoonful of yeast in a gill of warm porter. Stir it well & while warm give it to the patient, repeating it every six hours while any symptoms of fever remain, then reduce it to ten hours, & as the patient gets better increase the distance of time till it becomes in 24 hours. - Standard Newspaper

## Black Pudding

When you kill your pig, stir the blood with a little salt till it is cold. To it one quart of blood, or rather better, just a quart of whole grits, and let it stand all night scrape the skins very thin, clean them well, changing the water very frequently, and let them lay in salt and water all night. Take the crumb of a white quarter loaf of stale bread, grate it, and soak it in two quarts of cream milk. Chop fine a little winter savoury, and Thyme sweet margerum and mint and pepper and salt, a few cloves, some allspice ginger and nutmeg, mix these with 3 pt. of Besset and six eggs well beaten. Then mix up all together well with the seasoning and have ready some pieces of Hog's fat cut



into square pieces, the size of dice  
and as you fill the skins put them  
in at proper distances - Tie in links  
only half filled and boil them in a  
large kettle, pricking them as they  
swell or they will burst. When  
boiled lay them between clean cloths  
till they are cold, and hang them up  
in the kitchen. When to be used scald  
them a few minutes in water, lay  
them dry, and put them into a Dish  
over.

#### Simon Pudding

$\frac{1}{2}$  lb grated bread,  $\frac{1}{2}$  lb of Brown  
Sugar  $\frac{1}{4}$  lb Suet chopped small  
1 Lemon juice & rind the latter  
chopped small & 1 Egg, if made  
into one pudding it will require  
boiling  $\frac{3}{4}$  of an hour, if boiled in  
small cups  $\frac{1}{2}$  an hour will be  
sufficient.

#### To make Lime Water

3 Table Spoonfuls of dry Lime  
to 4 Gallons of Water  
to stand 3 hours and then  
the clear part to be poured  
off the sediment and thick  
part not to be taken.

#### Mixture for washing Clothes

$\frac{1}{2}$  lb of Soap  
 $\frac{1}{4}$  lb of Soda  
1 Gallon of Lime Water  
to ten Gallons of Water.  
this is for the first boiler  
full, after the first if any  
more is wanted half the  
quantity is sufficient.  
to be added.

Vinegar  
1 Gallon of Water  
1 Quart of Gooseberries  
1  $\frac{1}{2}$  lb of Sugar  
A little Yeast

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Gout  
Subcarbonate of Iron  $\frac{1}{2}$  a  
teaspoonful in a little water  
morng. and evng for a month

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To prevent infection

Bleaching line one pound  
in 4 Gallons of Water  
The line cost 3<sup>d</sup> or 4<sup>d</sup> a lb  
Thus a bottle charged by the  
Chemists 2/6 cost me 1/2



## Rumakins

2 Ounces of Cheese grated very fine 2 Oz of bread crumbs  
4 Eggs, a half spoonful of cream salt to your taste  
butter the dish well before it is put in, half  
an hour will bake it - Or 3 Oz of cheese & 1 of  
bread grated fine, boil the bread in a tincupful  
of cream - add 1 Oz of butter 4 Eggs & a little salt  
butter the dish before you bake it -

## Hot Marmalade

First pare the oranges rather thicker than cut  
the peel in narrow stripes with a p. of scissors, cover  
with water & let it stand all night, next morning take it out  
& let it drain on a sieve, weigh it & to each lb. of peel  
put a lb. of lump sugar, put the sugar & peel in a  
saucepan, with water to cover it, let it boil until it  
becomes transparent, then to every pint of juice, when the  
oranges are squeezed put 1 lb. of sugar, when the pulps  
sufficiently boiled mix altogether & boil them until they jelly

## Lemon Dumplings

Equal quantities of bread & suet say  $\frac{1}{2}$  lb each  
the bread to be very stale grated very fine & the suet  
chopped as fine as possible  $\frac{1}{2}$  lb of sugar & the rind  
of 2 lemons all mixed together the yolks of 4 Eggs &  
1 white well beaten which into the bread & suet, no other liquid  
except the juice of the lemons - the whole divided into 40

round dumplings the size of a large Apple & tied up each  
separately in a cloth very clean & well buttered  
three poked

beat the yolks of 12 Eggs to a thick cream  
to every Egg a Table spoonful of ground rice &  
2 Spoonfuls of powdered sugar 4 Oz of bitter almonds  
rounded fine mix <sup>all well</sup> altogether with a glass of brandy  
& some grated lemon peel

## Tender French dish

Take the yolks of 4 Eggs whites of 2 of them, beat  
separately & add  $\frac{1}{2}$  lb of cheese grated very fine & a  
tincupful of cream made thick as melted Butter with  
some cream & salt except the whites of the Eggs which  
must not be put in until just before you put the  
mixture into paper then put them in the oven 20  
minutes will bake them fill the paper half full at the  
fonder side rise like a cake - the paper is not to be  
taken off The oven must not be very hot

## Small cake

$\frac{1}{2}$  lb fish Butter 1 lb of Flour 1 lb of sugar  $\frac{1}{2}$   
lb of Currants 12 Eggs yolks & whites beat separately  
the yolks put in first & then the whites beat it  
up as you would a p. cake

## Wafers Pudding

Take the yolks of 9 Eggs - little sugar & Butter well  
beaten, do not let it come to boil then pour into your dish  
with Orange Marmalade under it bake it 20 minutes



## Northingham Pudding with an apple sauce

Put 6 good apples take out the core, be sure to have the apples whole, fill up what you have taken out the core with sugar place them in a tin dish & pour over them a light batter prepared as for batter pudding & bake an hour in a moderate oven

## Sponge Pudding

Take a Melon shaped tin which will hold a pint butter it well & stick in some raisins in rows then fill the shape tightly with sponge biscuits & then in some pieces of candied orange or lemon put a few raisins between the biscuits, a few Botifors are a great improvement put a wine glass of brandy over the filling then 5 Eggs well beaten up with half the sugar, half a pint milk mix this mixture together sweeten to your taste & pour it into the mould. The pudding should be made 12 an hour before it is wanted let the shape be upright in the sauce pan with a tin cover to fit close & a cloth tied over the shape boil it 1 1/4 hour

## A Meringue

Put any preserved fruit or apples in a pie dish pour over it a rich custard beat the whites of 4 or 5 Eggs to a very strong froth lay it <sup>thick</sup> & high when the custard left fine layer over it & put it in the oven for a few minutes to brown

Use Rice, a quart of rice better than thick rice is

## Benton Sauce

A root of Mergersadish grated, a Tea spoonful of Mustard, <sup>1/2 a</sup> Tea spoonful of Cream, a Tea spoonful of Sugar the yolk of an Egg well beaten up - Mix these well up & then add 1/2 a Tea spoonful of vinegar

## An excellent Lemon Pudding

Beat the yolks of 4 Eggs, add 1/2 lb of white sugar the rind of a lemon being rubbed with some lumps of it to take the essence, then beat & beat it in a mortar with the juice of a large lemon, mix all with 4 or 5 pines of Butter warmed, put a custard into a shallow dish with the edges & put the above into it, then served turn the pudding out of the dish - This pudding boiled is equally good

## Mararoni Pudding

Summer an ounce or two of the Pine sort, in a pint of Milk, & a bit of lemon or lemon more till tender put it into a dish with Milk 2 or 3 Eggs but only 1 white, Sugar nutmeg & half a glass of Raisin Wine bake with a hot round the edges a layer of orange marmalade or Raspberry Jam is a great improvement in such case omit the Almond Water or Raticie which you would otherwise flavor it with



The Oil, the yucca of  
Acacia, White of the eggs.  
Is to be beaten in a mortar  
until they amalgamate  
together then add the  
other ingredients. To be  
rubbed on with cotton  
bag.

I enclose you a receipt  
for the Cleansing &  
Polishing of Furniture.  
I have tried it here  
upon two Walnut  
Tables & they certainly  
looked like new when  
I had finished.  
it brings a polish  
with only a little  
rubbing & hence is  
called 'Magic Reviver'



To be used upon Japanese  
Cabinets Lacquered Ware,  
and Screens Chinese Cabinets  
Walnut Cedar Oak Maple  
Mahogany Rosewood, &  
Ebony Patent Leather,  
Harness and Carriages,  
Paper Machine Goods.

1 pint of Low Linseed Oil  
4 ozs Spirits of Wine  
1 oz Muriatic Acid  
3 ozs Distilled Vinegar  
1 oz Muriatic Acid  
2 ozs Prepared Gum Acacia  
The White of two Eggs.

July 11<sup>th</sup> 1826

To make a Snow, Brève

Take a pint of Cream 2 Lemons  
one small Spoonful of white  
Wine Sugar to your taste  
with it as much as possible  
don't turn it out till wanted  
It is then made the day before  
it is wanted. —

Lemon Brandy

By of Singleage dissolved in  
a quarter of a pint of  
boiling Water which must  
stand till cold, when you  
may cut away the sediment  
put fine lump Sugar upon  
the rind of two large Lemons  
as to take out all the  
Juice, then have ready a

pint of rich Cream add  
the Sugar with which you  
have rubbed the Lemons  
and as much more as will  
make it very sweet, then  
warm the Synglass and mix  
with the Cream and the juice  
of two Lemons, a little at  
once so as to stir it well till  
nearly cold, when it may be  
put in the Mold and will  
turn out the next day  
W. P. Royds

### Orange Jilly

Take 12 China Oranges press  
out the juice, One Oz of Synglass  
dissolve in a pint of Water:  
add the Orange juice & Sugar  
to your taste; put in the



# Leche Crema

A Spanish dish.

1½ pint of milk, the yolks of 2 eggs & white of one. Beat the eggs well & then mix in the milk by degrees.

Afterwards mix in gradually ¼ lb loaf sugar & 4 table spoonful of flour. Strain & add some lemon peel to flavour it. Put these ingredients over a slow fire. Stir it till well incorporated take out the lemon, peel, & pour the leche crema into a glass dish into which ratifia or other cake has been broken. When cold sift a little powdered loaf sugar over the surface & then some recently powdered cinnamon

Some prefer ground rice  
to flour but then use  
only half the quantity.



### To pickle Trouts

Clean your Trouts, put as much Vinegar & Water into a pan as will cover them, take Spice & a bunch of sweet Herbs, when it boils put them in when they are enough let them remain in the Pickle till you use them.

### To make Almond Cheese Cakes

Take half a lb of blanched Almonds, Butter & white Sugar beat in a Mortar add to them six eggs well beaten scrape & put in the outer rind of a Lemon or Orange, sheet your tins with puff paste, fill them half full & bake them in a quick oven but not brown.

### A Mustard Bunning

Take a Pint of Cream mix with it six eggs two Spoonfuls of Flour half a Nutmeg grated a little Sugar & soft butter a little of put in when the Mustard boils.

### To stew Celery

After washing your Celery cut it in pieces an inch long & boil it in salt & water till tender then drain it & add a little Gravy melted Butter, Cream, pepper, & salt. serve it up hot.

### To stew Cucumbers

Take six cucumbers pare & cut them in four length ways take out the seeds & put them in Water as you do them then sift them with some salt & water in a new pan boil them till tender then drain & put them into a little Gravy with a lump of Butter mixed with Flour a little Mace, pepper, & salt. shake them well together over a Fire. You may slice them if you chuse & do them in the same manner.



Take a Pint of Cream, put in a quarter of one of the  
of a ~~gall~~ of white Wine sweeten it to your taste froth it with a  
of filling your glasses.

### Gooseberry Fool

Pick a quart of Gooseberries, cover them with Water in a Saucepan &  
put them on the fire till they break then pour them into a sieve  
press the pulp thro' into the Water they were boiled in & put it into  
a pan with the yolks of six eggs beat & half a lb of sugar stir it over  
a slow fire till thick & pour it out for use.

### To stew Mushrooms

Take Mushrooms if Buttons rub them with a Hamper & put them  
into Milk & Water (if you pull gill & wash them) put them in to a  
Stewpan with a little Veal gravy a little Mace & salt thicken  
with a little Cream & the yolks of three eggs; stir it all the time or  
it will curdle & serve it up hot.

### Queen cakes

Take a lb of Butter & work it with your hands till it is the thick-  
ness of Cream, put in eight eggs a lb of sugar beat & sifted beat it  
very well with a Whisk put to it a lb of Flour a 1/2 lb of Mace shred fine  
beat all together till white then add 1/2 lb of Currants washed,  
picked, & dried butter & fill your tins. Bake them in a quick oven.

### To make Gingerbread

Take a lb of Treacle half a pound of butter half a lb of sugar, two  
pennyworth of cloves half a candied Orange cut in Mince & as  
much flour as will make it into paste. Shape it in rolls or  
Wafers.



An excellent Remedy for bruises & will prevent blackness  
 Take a full lb & half of Beef marrow well picked from the Bone &  
 Filaments, put it into an earthen Vessel filled with spring Water  
 which must be changed twice a day for ten days. On the tenth day  
 it & lid in remain twenty four hours in a pint of Rose Water then  
 put it into a thin cloth & squeeze it as much as possible which done  
 add an oz of Moraa an oz of Marence half an ounce of Cinnamon  
 two Drachms of Cloves & little Nutmegs all these must be extremely  
 well pound & mixed with the marrow, then put it into a pewter Vessel  
 for the purpose having a handle on each side when it is shut &  
 close as possible cover the top with a fire cloth & make a paste  
 with yaste & white of eggs to do round it putting the cloth over it that  
 it may not evaporate. Then suspend the Vessel by two small Sticks  
 in a Copper of boiling Water which must be kept boiling without  
 cessation for three hours. It is then ready for use it must be strain  
 ed thro' a fine cloth into Gally Pots which when cold should be covered

### The Yellow Balsicum

Good for fets burns &c & almost any fresh wound  
 An equal quantity of Bees wax Venice Turpentine Rosin & oil melt  
 them gently down & put it for use. colour it with Bale Armoniac.

### To stew Trench

Clean & wipe the Trench dry fry them & then from the Drizzling  
 then take a stewpan put in some Gravy & red Wine a little Thon  
 Radish on a little butter & a little pepper or Mace a piece of



Work a P. of Butter with your hands, beat eight eggs work them together till they are like Cream. Put in a pound of sifted sugar a p. of Flour a quarter of an ounce of Mace shred, a little Salt a p. of Cinnamon washed picked, & dried beat it till it is white before you put in the Cinnamon & bake it in a quick oven. You may add Almonds and such if you please.

Sack Toasts  
Take white Bread cut in Shapes. Beat one egg with some Sack & Sugar. Dip your Bread in it and fry it a light brown serve it with wine sauce. It will do for a bottom Dish at supper.

German Puffs  
Take a quarter of a pound of Almonds blanch & beat them in a Mortar with Rose Water take a Pint of Cream two Spoon-fuls of fine Flour, four eggs leaving out two whites a little Nutmeg & Sugar a quarter of a p. of melted Butter. Bake them in very deep Chocolate cups with a little butter put out the bottom a quarter of an hour will bake them. Do not let the oven be too hot. Only fill the cups half full, and when baked turn them out in a Dish with the top upwards. Melted Butter with



### Almond Baking

Take a Quarter of a pound of blanched Almonds half the rind of a Lemon beat tender beat these together in a mortar very fine then add a quarter of a p. of butter the Yolks of four eggs with the white of one put paste at the bottom of your Dish & round the edges

### To pickle Nastervious

Take the seeds & buds before they flower put them into a Pickle of Charut Vinegar & salt.

### Churcawke

Boil a pint of Cream & let it stand a little put three eggs well beat, stir it well & set it out the fire continue stirring till it be a light curd then pour it out & put three or a half of Butter Mung, Sugar, & Currants to your taste: hal a pound of currants to the above quantity will make them very rich & fill two dozen small tins.

### Spirits of Lavender

Put into a Quart Bottle as many Lavender Flowers as will fill it up to the Neck add 9 pennyworth of Cochineal & pour in as much Brandy as the Bottle will hold. Let it stand ten days. Filter it thro' a Muslin Bag. put Brandy in again as before & at the end of the week you may pour it off the strength will be entirely out of the Lavender.

### Pine Toasts

Take almost half a pound of Flour & a little more than a quarter of a pound of butter rubb'd into it a Spoonful of fine Sugar a very little salt the yolks of two eggs & the white of one as much cold water as will make it into stiff paste. Butter your tins the must be baked in a hot oven.



...of the ... of ...  
...the ... & ought to ... if possible to ...  
flavour & tenderness. All sucking meat to be roasted slowly. Rails, Woodcock  
Quails & Snipes roasted without drawing legs trussed underneath the  
Bills serve for skewers roasted Bread under them. Poultry ought to be kept  
without food five or six hours before killing; pluck them directly after.  
A Pig never drawn'd than stuck full of gravy ought to be kept wiping continually  
usually whilst roasting. Chickens have must roasted with the Heads on  
Pheasants trussed like Turkey; after they are drawn from the spit the Head  
& Tail stuck on if you chuse. Put fresh meat into the Water boiling hot &  
salted when cold unless you think it not salt enough putting it in boiling  
Water stokes in the salt. White meats boil best in a linen cloth with oatmeal  
or milk in the Water. Allow a quarter of an hour to a pound boiling or roasting  
more in frosty Weather. Half roast all your meat for Fricassee stewing  
them too long over the fire makes them hard. Greens look best boiled in a  
large quantity of Water. 1 lb of Sugar of Lead put into Lids will set colours  
when colours are run put a pint of Vinegar into a Pail of Water.

To make Curds  
Take three Gills of Old Milk & 3 of hard Water when it boils put to it a pint  
of sweet Cream & 1 Gill of Raw & six eggs which must be very well beat &  
put through a sieve.

Sago Pudding  
Boil 3 oz of Sago in a quart of new Milk then add the crumbs from a pound  
loaf & a little butter while it is hot, 3 or 4 Spoonfuls of white Wine  
Nutmeg & Sugar to your taste it will take  $\frac{3}{4}$  of an hour to boil it.

Currant Wine  
Take care the Currants are gathered dry when stripped from the stalks bruise  
them very well with your hands to 6 Gallons of Fruit 3 of Water. Put in a few  
Currants & to each Gallon add a Pint or Quart of Raspberries put in with your  
... of ... them well together & let them stand three or four  
... to every Gallon of liquor add 3 lb



any then put it in the barrel with 3 or 4 running worth of Isinglass dissolved in a  
 pint of Brandy take care not to bury it up till it has done working over the  
 top let it stand 10 weeks & bottle it off.

Rice cake  
Take  $\frac{1}{2}$  lb of Ground Rice  $\frac{1}{2}$  lb of Flour a lb of loaf sugar nine eggs the Peel of a Lemon  
 grated beat them well together - half an hour; Butter & dredge your tin or bower in  
 a moderate oven will bake it



